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# **CRITERION - III** RESEARCH, INNOVATIONS AND EXTENSION

## **3.4 Extension Activities**

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3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during 2021-22.

Sl. No	Name of the Activity	Organising Unit/ Agency/ Collaborating Agency	Page. No
1	Food Forest Training and Workshop on Organic Farming	National Service Scheme & Nature Club	5
2	Construction of Fireline Project	National Service Scheme & Kerala Forest Department, Wildlife Department	8
3	Afforestation (Throwing seed balls) at Dhoni Forest	National Service Scheme,Kerala Social Forestry & Wildlife Department,	11
4	Cleaning drive at Eravikulam National Park	National Service Scheme & Kerala Forest Department	14
5	Tree Planting, Butterfly Survey and Naming of Trees	National Service Scheme & Nature Club	17
6	Bhinnasheshi Sauhrida Samgamam- Adoption of Buds School	National Service Scheme & University Flagship Project Koode	20
7	Helping hand to Appu- Bedridden Person due to Elephant Attack	National Service Scheme & University Flagship Project Koode	23
9	Kanivu-Cancer Care Project-extend helping hands to Cancer patients	National Service Scheme & University Flagship Project Koode	25
10	Hridhyam -Extend helping hands to heart patients	National Service Scheme & University Flagship Project Koode	27
11	Ardram-Regular Palliative visit to the patients in Kadampazhipuram Palliative Unit.	National Service Scheme & University Flagship Project Koode	29
12	Kakkachi@Vtb - Waste Management System (In Association with IRTC Mundur)	National Service Scheme	31

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	Jeevamritham -Blood Donation		
13	Camp at Blood Bank,	National Service Scheme	34
	Govt.Hospital,Palakkad		
	Blood Donation for a liver	National Compiler Colomba & Aster MINIC	
14	transplantation surgery at Aster	National Service Scheme & Aster MIMS	36
	MIMS Hospital, Kozhikode	Hospital, Kozhikode	
	Vithulsavam-Set up a stall and		
	displayed organic products at	National Service Scheme & Kerala	
15	Yuvakshetra Institute of	Agricultural Department, Biodiversity	39
15	Management Studies, Palakkad	Board, Yuvakshetra Institute of	39
	produced from our initiative- FOOD	Management Studies, Palakkad	
	FOREST.		
	Gothrayan-Kathir-Establishment of	National Service Scheme & Kerala	
16	Library in Tribal Villages of	Forest and Wildlife Department, Higher	42
	Attappadi	education institutions across Kerala	
	Sneha Puthappu-Dress for Needy-		
15	Donating Clothes to the Adopted	National Service Scheme & Nature Club	45
	Village of Palamala		
	Akshara Deepam-Tribute to Sri.		
	Sajith Babu, Regional Director,		
16	NSS.(Distribution of books to the	National Service Scheme	47
10	poor) conducted at H.S	National Service Scheme	77
	Kadampazhipuram and HSS		
	Sreekrishnapuram.		
	Akshara Deepam - Project in		
17	Association With	National Service Scheme	50
1/	NSS District Coordinating		50
	Committee		
	Ormamaram-Planting trees (Tribute	National Service Scheme & NYK	
18	to Sri.SajithBabu,Regional Director,	Palakkad	53
	Nss)		
	Freedom Run at Kadampazhipuram		
19	as a part of Azadi Ka Amrit	National Service Scheme	56
	Mahotsav-Fit India Movement.		
20	Awareness on Life Style Diseases	National Service Scheme	58

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21	Aranyakam-I-Food Forest Training	National Service Scheme & Jaivorg-	
	and Workshop on Organic Farming	Organization of Organic	60
	at Kadampazhipuram	farmers,Sreekrishnapuram	00
		Gramapanchayath	
22	Soumyam-Donating fund to Soumya,		( )
22	a kidney patient in adopted Village	National Service Scheme	64
	Election Awareness Programme to	National Service Scheme & SVEEP	
23	New Voters of Kadampazhipuram		66
	Panchayat.	Palakkad	
24	Health Survey at Kadampazhipuram,	National Service Scheme	68
24	Ward 2	National Service Scheme	00
25	Health Awareness Program-Walking	National Service Scheme	70
23	Competition at Kadampazhipuram		70
26	Vamsha -1( Uravinoru Kaval)	National Compiler Colored	70
26	Planting Of 1000 Bamboo Saplings	National Service Scheme	72
27	Vamsha -2 (Uravinoru Kaval)	National Service Scheme	75
20	Donation of Books to Sharukovil	National Compiler Colored	78
28	PothujanaVayanasaala	National Service Scheme	
29	Empowering Digital Education	National Service Scheme & Staff Club	81
20	Helping Hand to Helen Keller Blind	National Compiler Colombarra & Claff Cl. 1	02
30	School	National Service Scheme & Staff Club	83



#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity

Food Forest Training and Workshop on Organic Farming

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Food Forest Training and Workshop on Organic Farming	
Nature of the Event	Extension Activity	
Objectives	To encourage organic agricultural methods	
Resource person	Reji Joseph&Soorya Prakash	
Date and Time	November 7, 2021	
Period of Activity	2021-2022	
Beneficiaries	General Public	
Venue or Platform	JAIVORG Organization & Sreekrishnapuram	
Organizing dept./ Cell	l National Service Scheme & Nature Club	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	JAIVORG Karshaka Kootayma	
Outcome / Benefit of the Programme	<ul> <li>To develop the skills essential for making sustainable and systematic agricultural environment</li> <li>To propagate the culture of organic farming among the participants</li> </ul>	



# Training On Sustainable Food Forest (In Association with Jaivorg Karshaka Koottayma -NGO)

In order to enhance the interest of students regarding organic agriculture, we have conducted a one-day Workshop on November 7, 2021. As part of training, we have conducted workshops on Making of Organic Fertilizer – Jeevamrutham – and Food Forest Technology, Live Mulching, Live Shading etc. Also, students have the opportunity to taste the traditional food items with organic food products.

The National Service Scheme (NSS) unit and Nature Club of Sreekrishnapuram VT Bhattathiripad College, in association with JAIVORG Karshaka Koottayma, an NGO, organized a training program on Sustainable Food Forest on November 7, 2021. The program aimed to develop skills essential for creating a sustainable and systematic agricultural environment and to propagate the culture of organic farming among participants.

The training program was led by Reji Joseph and Soorya Prakash, founders of Food Forest, who shared their expertise on organic farming practices, including the making of organic fertilizer (Jeevamrutham) and Food Forest Technology. The participants also learned about live mulching and live shading techniques. The program was designed to enhance the attitude of students towards organic agriculture and promote sustainable living practices.

The program was a huge success, with participants gaining hands-on experience in organic farming practices. The workshop also provided an opportunity for students to taste traditional food items made with organic food products. The program was coordinated by Mini K and Kamal Raj Mohan, and was attended by students and faculty members of the college.











#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Construction of Fireline Project

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Construction of Fireline Project	
Nature of the Event	Extension Activity	
Objectives	• To construct a fireline to prevent forest fires and protect	
	people and wildlife of the Malampuzha and Kava regions.	
	• To mitigate the risk of forest fires and promote environmental	
	conservation.	
Resource person	B S Bhadrakumar Range Officer of Social Forestry Department	
	Palakkad	
Date and Time	13/03/2022	
Duration	1 Day	
Beneficiaries The People of Malampuzha and Kava region, who we		
	from the risk of forest fires.	
	The wildlife and environment of the region	
Venue or Platform	Malampuzha Kava	
Organizing dept./ Cell	NSS	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Kerala Forest Department, Wildlife Department and Western Ghats	
	Nature Club Palakkad	
Outcome / Benefit of the	• The outcome of the program was the successful construction of a	
Programme	fireline to prevent forest fires and protect the region.	
	• The benefit of the program was the protection of human life,	
	wildlife, and the environment from the devastating effects of	
	forest fires.	



The National Service Scheme (NSS) organized an extension activity named "CONSTRUCTION OF FIRELINE PROJECT", on 13/03/2022 at Malampuzha Kava region. The objective of the program was to construct a fire line to prevent forest fires and protect the people of Malampuzha and Kava region. The resource person, B S Badrakumar, Range Officer of Social Forestry Department, Palakkad, guided the volunteers in constructing the fire line.

The program was a huge success, with a significant number of volunteers participating in the construction of the fire line. The fire line was constructed to prevent forest fires and protect the people and wildlife of the region. The program was organized in association with the Kerala Forest Department, Wildlife Department, and Western Ghats Nature Club, Palakkad.

The outcome of the program was the successful construction of a fire line to protect the people of Malampuzha and Kava region from forest fires. The benefit of the program was the protection of human life, wildlife, and the environment from the devastating effects of forest fires.



## PHOTO GALLERY





#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity

### Afforestation (Throwing seed balls) at Dhoni Forest

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Afforestation (Throwing seed balls) at Dhoni Forest	
Nature of the Event	Extension Activity	
Objectives	<ul> <li>To promote biodiversity by throwing mud balls containing seeds of various tree species.</li> <li>To sustain the Dhoni Forest ecosystem.</li> </ul>	
Resource person	Dr.Sibin Assistant Conservator of Social Forestry Department Palakkad	
Date and Time	22/05/2022	
Duration	1 Day	
Beneficiaries	The Beneficiaries of The Program Were the Dhoni Forest Ecosystem and Its Inhabitants, Including Plants and Animals. The Program Also Benefited the Local Community by Promoting Environmental Conservation and Sustainability.	
Venue or Platform	Dhoni Forest	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini k, Kamal Raj Mohan	
Associating Agency	Kerala Social Forestry Department	
Fund details if any	NSS Grant	
Outcome / Benefit of the Programme	<ul> <li>The outcome of the program was the successful promotion of biodiversity in the Dhoni Forest through the germination of new plants.</li> <li>The benefit of the program was the conservation of the forest ecosystem, which supports a wide range of plant and animal species and promotes environmental sustainability.</li> </ul>	



The National Service Scheme (NSS) unit celebrated Bio-Diversity Day on 22/05/2022 by organizing an extension activity to sustain the Dhoni Forest. The program aimed to promote biodiversity by throwing mud balls containing seeds of various trees. Dr. Sibin, Assistant Conservator of Social Forestry Department, Palakkad, was the resource person for the event.

The program was held at Dhoni Forest, which is known for its rich biodiversity of flora and fauna. The NSS volunteers, led by Mini K and Kamal Raj Mohan, participated in the activity with enthusiasm. The mud balls containing seeds of various trees were thrown in the forest, which will help in germinating new plants and sustaining the ecosystem

The outcome of the program was the successful promotion of biodiversity in the Dhoni Forest. The benefit of the program was the conservation of the forest ecosystem, which will help in supporting a wide range of plant and animal species

The program was organized in association with the Kerala Social Forestry Department, and was a huge success. The NSS unit expresses its gratitude to Dr. Sibin and the Social Forestry Department for their support and guidance. The program was a great example of community service and environmental conservation.



#### Gallery



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#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Cleaning Drive at Eravikulam National Park

Programme Details in a Nutshell		
Name of the Event	<b>Event</b> Cleaning Drive at Eravikulam National Park	
Nature of the Event	the Event Extension Activity	
Objectives	<ul> <li>Promote environmental conservation and cleanliness in the national park.</li> </ul>	
	• Raise awareness among the general public about the importance of protecting natural habitats and ecosystems.	
	• Engage volunteers in cleaning activities and conservation efforts, promoting sustainable living practices.	
Resource person	- S Jayakrishnan (Trainer,Forest Department,)	
Date and Time	February 26 <sup>th</sup> to 28 <sup>th</sup> February 2022	
Period of Activity	2021-2022	
Beneficiaries	<ul> <li>Eravikulam National Park,</li> <li>General Public,</li> <li>The Volunteers (Gaining valuable experience and knowledge about environmental conservation and sustainability)</li> </ul>	
Venue or Platform	Eravikulam national park	
Organizing dept./ Cell	National Service Scheme & Kerala Forest Department	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Kerala Forest department	
Outcome / Benefit of theProgramme	The outcome of the program was the successful cleaning and conservation of Eravikulam National Park, and the creation of awareness about environmental conservation among the general public. The benefit of the program was the promotion of sustainable living practices and the protection of natural habitats and ecosystems, ultimately benefiting the environment and society as a whole.	

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The National Service Scheme (NSS) unit of Sreekrishnapuram VT Bhattathirippad College, in association with the Kerala Forest Department, organized an extension activity called "Cleaning at Eravikulam National Park" from February 26th to 28th, 2022. The program aimed to promote environmental conservation and cleanliness in the national park. S Jayakrishnan, a trainer from the Forest Department, led the program, which was attended by NSS volunteers.

The program involved cleaning activities in the national park, including removal of plastic waste, weeds, and other non-biodegradable materials. The volunteers also participated in tree planting and conservation activities, promoting sustainable living practices. The program was designed to create awareness among the general public about the importance of environmental conservation and cleanliness.

The program was a huge success, with the national park benefiting from the cleaning activities and conservation efforts. The volunteers gained valuable experience and knowledge about environmental conservation and sustainability. The program also helped to promote the importance of protecting and preserving natural habitats and ecosystems.









#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity

Tree Planting, Butterfly Survey and Naming of Trees

Programme Details in a Nutshell		
Name of the Event	Tree Planting, Butterfly Survey and Naming of Trees	
Nature of the Event	Extension Activity	
Objectives	• To preserve the ecosystem of butterflies by providing food and shelter.	
	To promote environmental conservation.	
	• To create a butterfly garden in the college campus, showcasing the importance of biodiversity and ecosystem preservation	
Date and Time	9 <sup>th</sup> & 10 <sup>th</sup> October 2021	
Period of Activity	2021-2022	
Beneficiaries	• The students and faculty of VTB College, who gained knowledge and awareness about butterfly conservation and environmental sustainability.	
	• The program also benefited the local community, who will have access to the butterfly garden and can learn about the importance of preserving biodiversity.	
Venue or Platform	Kottakunnu,Mannampatta	
Organizing dept./ Cell	National Service Scheme&Nature Club	
Coordinator	Mini K, Kamal Raj Mohan	
Outcome / Benefit of theProgramme	• The outcome of the program was the successful creation of a butterfly garden, providing a habitat for over 20 varieties of butterflies and moths, and promoting environmental conservation.	
	• The benefit of the program was the preservation of the ecosystem of butterflies, and the promotion of environmental sustainability, leading to a better understanding and appreciation of nature among the community.	

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17

The National Service Scheme (NSS) and Nature Club of VTB College, Mannampatta, organized a unique extension activity, "Tree Planting, Butterfly Survey, and Naming of Trees", from 09/10/2021 to 10/10/2021. The event aimed to preserve the ecosystem of butterflies by providing food and shelter, and to promote environmental conservation. The program was conducted under the guidance of Prof. M Krishnan Namboothiri, a former lecturer and nature activist, and in association with Thanal Paristhithi Kootayma.

The event marked the beginning of the Butterfly Garden project in the college campus, which is situated in a forest area rich in biodiversity. The project aims to provide a habitat for various butterfly species, including the largest butterfly in India, Garuda Shalabham, and the second largest, Krishna Shalabham. The campus is home to over 20 varieties of butterflies and moths, including the Atlas Moth, one of the largest moths in the world.

The event featured a tree planting ceremony, where NSS volunteers and Nature Club members planted saplings of various tree species that attract butterflies. A butterfly survey was also conducted, where participants identified and documented different species of butterflies in the area. The naming ceremony of trees was also held, where trees were named after their species and characteristics.

The "Tree Planting, Butterfly Survey, and Naming of Trees" event was a huge success, attracting a large number of participants, including students, nature enthusiasts, and local community members. The event helped to raise awareness about the importance of environmental conservation and biodiversity preservation.



















## SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

**Report on Activity** 

Bhinna Sheshi Souhrida Samgamam-Adoption of Buds School

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Binna Sheshi Souhrida Samgamam -Adoption of Buds School	
Nature of the Event	Extension Activity	
Objectives	Provide variety of engaging and enjoyable activities.	
Resource person	Pranav	
Date and Time	03/12/2021	
Duration	1 Day	
Beneficiaries	Students of Buds School	
Venue or Platform	Buds School at Kadampazhipuram	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini. k, Kamal Raj Mohan	
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadampazhipuram	
Outcome / Benefit of the Programme	The program promoted social inclusion and empowerment of differently abled individuals, fostering a sense of belonging and connection among participants. It also raised awareness and sensitized the community about the needs and potential of individuals with disabilities, promoting a more inclusive and supportive environment.	



The Binna SheshiSauhridaSangamam program was held on 03/12/2021 by the NSS department in collaboration with the Govt. Hospital Kadampazhippuram, KadampazhippuramGrama Panchayath, and Kanivu Palliative Care Unit. The program aimed to bring together differently abled individuals from Buds school and NSS volunteers to share their experiences and connect with each other. The event was inaugurated by Dr. Abbas KP, Medical Officer, Kadambazhipuram Govt Hospital, and presided over by Sri P Sasthakumar, Panchayath President. Shri Pranav, a renowned motivational speaker and artist who overcame his disability, and create beautiful paintings with his legs, was the Chief Guest at the event. He has received accolades from esteemed individuals, including the Honorable Chief Minister of Kerala, Shri Pinarayi Vijayan, for his remarkable talent and determination.

The program featured inspiring speeches, interactive sessions, and cultural programs that showcased the talents of the differently abled individuals. The participants engaged in meaningful discussions, shared their stories, and learned from each other's experiences, fostering a sense of community and understanding. The program provided a platform for the participants to connect and share their experiences, promoting empathy and inclusivity.

The program was coordinated by a team of dedicated individuals, including Mini K (NSS Programme Officer), O Vasudevan (Co-ordinator, Kanivu Care Unit Palliative), and Sindhu K (Teacher, Buds School). Their efforts ensured the smooth execution of the program and created a supportive environment for the participants. A total of 25 Buds school students and 25 NSS volunteers participated in the program

The program had a significant outcome, as it promoted empathy, inclusivity, and social responsibility among the participants. The program helped to raise awareness about the importance of supporting and empowering individuals with disabilities, promoting a more inclusive and compassionate society. The success of the program was a testament to the power of collaboration and community engagement in driving positive change.

#### Gallery



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## SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

**Report on Activity** 

Helping Hand to Appu -Bedridden Person due to Elephant Attack

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Helping Hand to Appu -Bedridden Person due to Elephant Attack	
Nature of the Event	Extension Activity	
Objectives	<ul> <li>To provide continuous care and support to Appu, a victim of an elephant attack, with the goal of improving his quality of life.</li> <li>To assess Appu's condition regularly and adjust care plans as needed to respond to changing needs and ensure optimal support.</li> </ul>	
Resource person	Shoba Sister, Palliative	
Date and Time	2021-22 Academic Year	
Duration	2021-22	
Beneficiaries	Appu, who received continuous care and support from the NSS volunteers, benefited significantly from their assistance.	
Venue or Platform	Appu's House	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini. K, Kamal Raj Mohan	
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadambazhipuram	
Fund details if any	NSS Grant	
Outcome / Benefit of the Programme	The outcome of the program was the successful provision of care and support to Appu, resulting in a significant improvement in his quality of life. The benefits of the program were multifaceted, including a positive impact on Appu's physical and emotional well-being, as well as the enhancement of his daily life through the donation of a mobile phone and other forms of assistance.	



The National Service Scheme (NSS) unit organized an extension activity, "HELPING HAND TO APPU", to support Appu, a victim of an elephant attack. The objective of the program was to continuously assess Appu's condition and adjust care plans as needed to respond to changing needs and symptoms.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was conducted in association with the Kanivu Palliative Care Unit, Govt Hospital, Kadampazhipuram. Shoba Sister, Palliative, was the resource person for the program. The program was conducted every month during the 2021-22 academic year.

The beneficiary of the program was Appu, who received continuous care and support from the NSS volunteers. The program was conducted at Appu's house, where volunteers provided assistance with bathing, physiotherapy, and other daily needs.

The outcome of the program was the successful provision of care and support to Appu, resulting in an improvement in his quality of life. The benefit of the program was the positive impact on Appu's physical and emotional well-being, and the donation of a mobile phone to facilitate communication and connection with others.





### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

**Report on Activity** 

Kanivu' Cancer Care Project-Extend Helping Hands to Cancer Patients

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	"Kanivu' Cancer Care Project-Extend Helping Hands to Cancer	
	Patients	
Nature of the Event	Extension Activity	
Objectives	To provide comprehensive support and care to cancer patients and their families, encompassing medical treatment, emotional support, and financial assistance, with the goal of improving their quality of life and alleviating the burden of cancer.	
Resource person	O. Vasudevan Palliative Coordinator	
Date and Time	04/02/2021	
Period of Activity	2021-22	
Beneficiaries	Cancer patients and their families	
Venue or Platform	Patient's House	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadampazippuram	
Outcome / Benefit of	The Kanivu Cancer Care Project offers benefit by providing holistic	
the Programme	support and care to cancer patients and their families, thereby improving their physical and emotional well-being, reducing financial burdens, and enhancing their overall quality of life.	















#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Hridhyam -Extending Helping Hands to Heart Patients

PROGRAMME DETAILS IN A NUTSHELL		
Hridhyam -Extending Helping Hands to Heart Patients		
Activity		
ide medical support and care to heart patients, promoting their health and well-being.		
port heart patients through various forms of aid, including the n of funds, medical kits, and blood, thereby facilitating their nt and recovery.		
ademic Year		
ents who received medical support and care from the NSS		
mal Raj Mohan		
liative Care Unit,Govt Hospital Kadampazhipuram		
support was provided to heart patients, improving their health l-being. ogram's benefit was twofold: it had a positive impact on the aries' quality of life and promoted care and support for heart within the community.		
i		



27

The National Service Scheme (NSS) unit organized an extension activity, "Providing Medical Support to Heart Patients" under the project name "HRIDHYAM" (2021-22), to support heart patients. The program aimed to provide medical support and care to heart patients, promoting their health and well-being.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was conducted in association with the Kanivu Palliative Care Unit, Govt Hospital, Kadampazhipuram. The program was conducted throughout the 2021-22 academic year, from 2021 to 2022.

The beneficiaries of the program were heart patients who received medical support and care from the NSS volunteers. The program included the donation of funds, medical kits, and blood to support the patients' treatment and recovery.

The outcome of the program was the successful provision of medical support to heart patients, improving their health and well-being. The benefit of the program was the positive impact on the beneficiaries' quality of life, and the promotion of care and support for heart patients in the community.







#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

**Report on Activity** 

Ardram - Regular Palliative Visit to Patients in Kadampazhipuram Palliative Unit

PROGRAMME DETAILS IN A NUTSHELL		
Name Of the Event	Ardram-Regular Palliative Visit to Patients in Kadampazhipuram Palliative Unit	
Nature Of the Event	Extension Activity	
Objectives	To provide regular visits and support to patients in need of palliative care, thereby improving their quality of life. To offer emotional support, companionship, and care to patients, enhancing their overall well-being and providing comfort during a	
	challenging time.	
Date And Time	2021-22 Academic Year	
Duration	2021-22	
Beneficiaries	Patients in Need of Palliative Care	
Organizing Dept./ Cell	National Service Scheme	
Coordinator	Mini. K, Kamal Raj Mohan	
Associating Agency	Kanivu Palliative Care Unit,Govt Hospital Kadapazhipuram	
Fund Details If Any	NSS Grant	
Outcome / Benefit of The Programme	The program achieved a successful outcome by providing regular palliative visits to patients, resulting in an improved quality of life. The programme created a positive impact on beneficiaries' physical and emotional well-being, as well as the promotion of care and support for patients in need of palliative care.	



The National Service Scheme (NSS) unit organized an extension activity, "REGULAR PALLIATIVE VISIT-ARDRAM PROJECT" (2021-22), to support patients in need of palliative care. The objective of the program was to provide regular visits and support to patients, improving their quality of life.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was conducted in association with the Kanivu Palliative Care Unit, Govt Hospital, Kadampazhipuram. The program was conducted throughout the 2021-22 academic year.

The beneficiaries of the program were patients in need of palliative care, who received regular visits and support from the NSS volunteers. The program aimed to provide emotional support, companionship, and care to patients, improving their overall well-being.

The outcome of the program was the successful provision of regular palliative visits to patients, improving their quality of life. The benefit of the program was the positive impact on the beneficiaries' physical and emotional well-being, and the promotion of care and support for patients in need of palliative care.







#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD **Report on Activity**

Kakkachi<sup>®</sup>Vtb - Waste Management

System (In Association with IRTC Mundur)

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Kakkachi@Vtb - Waste Management	
	System (In Association with IRTC Mundur)	
Nature of the Event	Extension Activity	
Objectives	To establish an efficient and sustainable waste management system	
	that reduces waste disposal issues, promotes recycling, and fosters a	
	clean and healthy environment for the community.	
Resource person	Dr. Abbas Medical Officer KadambazippuramHospital	
Date and Time	10/11/2021	
Duration	2021-2022	
Beneficiaries	Community members, particularly residents, students, and	
	businesses, who will enjoy a cleaner and healthier environment,	
	reduced waste disposal issues, and a sustainable waste	
	management practice.	
Venue or Platform	Govt. Kadampazipuram Hospital	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	IRTC Mundur	
Outcome / Benefit of	It provided an efficient and sustainable solution for managing	
the Programme	waste, reducing environmental pollution, promoting recycling, and	
	fostering a clean and healthy environment, ultimately contributing	
	to the well-being of the community.	



The National Service Scheme (NSS) organized the KAKKACHI@VTB - WASTE MANAGEMENT SYSTEM, an extension activity in association with IRDC Mundur, aimed at establishing an efficient and sustainable waste management system. The program's objective was to reduce waste disposal issues, promote recycling, and foster a clean and healthy environment for the community. Dr. Abbas, Medical Officer at Kadambazipuram Hospital, served as the resource person for the program.

The program was held at the Govt. Kadambazipuram Hospital on 10/11/2021 and spanned a duration of 2021-2022. The beneficiaries of the program were community members, including residents, students, and businesses, who benefited from a cleaner and healthier environment, reduced waste disposal issues, and a sustainable waste management practice. The program was coordinated by Mini K and Kamal Raj Mohan, with support from the National Service Scheme department and associating agency IRDC Mundur.

The program's outcome was that it provided an efficient and sustainable solution for managing waste, reducing environmental pollution, promoting recycling, and fostering a clean and healthy environment. This ultimately contributed to the well-being of the community. The program also raised awareness about the importance of proper waste management and its impact on public health and the environment.

Overall, the KAKKACHI@VTB - WASTE MANAGEMENT SYSTEM was a successful program that made a positive impact on the community. The program's focus on sustainable waste management practices highlighted the importance of community-based initiatives in promoting environmental health and well-being. The program's success demonstrates the value of collaborative efforts between government agencies, community organizations, and individuals in addressing environmental challenges and promoting sustainable development.

#### Gallery



P.O.







#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity JEEVAMRITHAM -Blood Donation Camp at Blood Bank, Government Hospital, Palakkad

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Activity	JEEVAMRITHAM- Blood Donation at Blood Bank, Government Hospital, Palakkad	
Date Conducted	01/10/2021	
Organizing Department/cell	National Service Scheme	
Collaborating Agency, if any	Kerala State Aids Control Society Kerala State Blood Transfusion Council, Palakkad	
Beneficiaries	Patients	
Number of Students participated	13	
Outcome/ Benefit of the Programme	Significant contribution to the hospital's blood bank, ensuring a steady supply of blood for patients in need, and promoting a culture of voluntary blood donation. The programme also benefits the donors, as they receive free medical check-ups and a sense of fulfillment from contributing to a noble cause, while also promoting community engagement and social responsibility.	



The National Service Scheme (NSS) organized a blood donation camp at Government Hospital Blood Bank, Palakkad on 01/10/2021, in collaboration with Kerala State Aids Control Society and Kerala State Blood Transfusion Council, Palakkad. The event aimed to collect blood for the hospital's blood bank, ensuring a steady supply for patients in need. Thirteen NSS volunteers donated blood in the camp, demonstrating their commitment to social responsibility and community service.

The blood donation camp was a huge success, with a total of 13 units of blood collected from the volunteers and general public. The event was well-organized, with medical professionals and staff from the collaborating agencies ensuring a smooth and safe donation process. The donors were also provided with refreshments and certificates of appreciation for their contribution.

The patients in need of blood transfusions at Government Hospital, Palakkad, will greatly benefit from the donated blood, receiving timely and quality medical care. Additionally, the hospital's blood bank will also benefit from the increased stock, ensuring a steady supply of blood for future patients. The event raised awareness about the importance of blood donation and encouraged others to come forward and donate.

Red Cross Road, Thiruvananthapuram, Kerala-695 035 Email: keralasacs@gmail.com, sbtckerala@gmail.com www.blood.kerala.gov.in I www.ksacs.kerala.gov.in Certificate This is to certify that Mr. Ms. Aswin - N. Poake <u>64</u> has voluntarily donated blood on 01/10/2021 in the Blood Centre/Blood Donation Camp conducted at Medical Officer **BLOOD CENTRE** BLOOD BANK Mannampatta Palakkad Dist Pin-678 633



#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity

Live Blood Donation for a Liver Transplantation patient at Aster MIMS Hospital, Calicut

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Activity	Live Blood Donation for a Liver Transplantation patient at Aster MIMS Hospital, Calicut	
Date Conducted	20/11/2021	
Organizing Department/Cell	National Service Scheme	
Collaborating Agency, If Any	Blood Bank, Aster MIMS Hospital, Calicut	
Beneficiaries	The Patient in need of Liver Transplantation at Aster MIMS Hospital, Calicut	
Number Of Students Participated	3	
Outcome/ Benefit of The Programme	The successful facilitation of a life-saving liver transplantation surgery, made possible by the timely donation of matching blood by the NSS volunteers.	



The National Service Scheme (NSS) organized a live blood donation camp for a liver transplantation at Aster MIMS Hospital, Calicut on 20/11/2021, in collaboration with the Blood Bank, Aster MIMS Hospital, Calicut. The event aimed to collect blood for a critical liver transplantation surgery, ensuring the availability of matching blood for the patient. Three NSS volunteers came forward to donate blood, demonstrating their commitment to social responsibility and community service.

The blood donation camp was a success, with the three volunteers donating blood that matched the patient's requirements. The event was well-organized, with medical professionals and staff from the collaborating agency ensuring a smooth and safe donation process. The volunteers and donors were also provided with refreshments and certificates of appreciation for their contribution.

The beneficiary of the blood donation camp was the patient undergoing liver transplantation at Aster MIMS Hospital, Calicut, who received the matching blood donated by the NSS volunteers. The event highlighted the importance of blood donation and encouraged others to come forward and donate. The NSS volunteers gained valuable experience in organizing and participating in a social cause, fostering a sense of social responsibility and community engagement.

The outcome of the blood donation camp was the successful collection of matching blood for the liver transplantation surgery, ensuring the patient received timely and quality medical care. The event demonstrated the power of collective efforts in making a positive difference in the lives of others. The NSS department looks forward to organizing more such initiatives, promoting social responsibility and community engagement among its volunteers and the general public.









## SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity

Vithulsavam- Set up a stall and displayed organic products at YIMS

I	PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	Vithulsavam- Set Up a Stall and Displayed Organic Products at YIMS	
Nature of the Event	Extension Activity	
Objectives	<ul> <li>To promote indigenous crops, seeds, and value-added products</li> <li>To provide positive values and attitudes towards the conservation of nature among the volunteers</li> <li>To conserve and introduce organic products and to create awareness about sustainable living practices.</li> </ul>	
Date and Time	26/03/2022	
Period of Activity	2021-2022	
Beneficiaries	<ul> <li>General public, who learned about the importance of conservation of nature and benefited from the display of organic products.</li> <li>The volunteers also benefited from the program, gaining valuable experience and knowledge about sustainable living and organic farming practices.</li> </ul>	
Venue or Platform	Yuvakshi Institute of Management Studies,Palakkad	
Organizing dept./ Cell	State Biodiversity Board & National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	State Biodiversity Board	
Outcome / Benefit of theProgramme	The outcome of the program was the successful promotion of indigenous crops, seeds, and value-added products, and the creation of awareness about sustainable living practices. The benefit of the program was the provision of benefits of organic products to the general public and the development of positive values and attitudes towards sustainable living among the volunteers.	



The National Service Scheme (NSS) unit of Sreekrishnapuram VT Bhattathirippad College, in association with the State Biodiversity Board, organized an extension activity called "Vithulsavam" on 26/03/2022, at Yuvakshetra Institute of Management Studies, Palakkad. The objective of the program was to provide positive values and attitudes towards the conservation of nature among the volunteers and to promote indigenous crops, seeds, and value-added products.

The program was designed to conserve and introduce indigenous crops, seeds, and value-added products, and to provide benefits of organic products to the general public. The volunteers set up a stall and displayed products from their food forest, showcasing the importance of sustainable living and organic farming.

The program was a huge success, with the general public benefiting from the display of organic products and learning about the importance of conservation of nature. The volunteers also gained valuable experience and knowledge about sustainable living and organic farming practices.

The outcome of the program was the successful promotion of indigenous crops, seeds, and value-added products, and the creation of awareness about the importance of conservation of nature. The benefit of the program was the provision of benefits of organic products to the general public and the development of positive values and attitudes towards sustainable living among the volunteers.





#### പ്രിയ സൂഹ്യത്തേ,

നീബിൽഡ് കേരള ഇനിഷിയേറ്റിവും കേരള സംസ്ഥാന ജൈവ വൈവിധ്യ ബോർഡും ചേർന്ന് 2022 മാർച്ച് 2ന്റേ മുഴുവൻ സമയം മുണ്ടൂർ എഴക്കാട് ഉള്ള യുവക്ഷേത്ര ഇൻസ്റ്റിറ്റ്യൂറ്റ് ഓഫ് മാനേജ്മെറ്റ് സ്റ്റഡീസ് ഓഡിറ്റോറിയത്തിൽ വെച്ച് നാടൻ വിത്തുകളുടെ സംരക്ഷണം എന്നപേരിൽ വിത്തുത്സവം സംഘടിപ്പിക്കുകയാണ്. മാറിവരുന്ന കാലാവസ്ഥ വ്യതിയാനങ്ങൾ കാർഷിക രംഗങ്ങു ഉണ്ടാകുന്ന ആഘാത ങ്ങളും അവയുടെ പ്രതിവിധിയും ചർച്ച ചെയ്യുന്നതിനും എറെ മുല്യമുള്ള നാടൻ വിത്തുകളുടെ സംരക്ഷണവും ലക്ഷ്യമിട്ടു നടത്തുന്ന വിവിധ സെഷനുകളും കാർഷികപ്രദാർശനം, വിപണനം അടക്കമുള്ള പരിപാടികളിലും താങ്കൾ മുഴുവൻ സമയവും പങ്കെടുക്കണമെന്ന് അഭ്യർത്ഥിക്കുന്നു.

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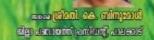
പരമ്പരാഗത വിത്തുകളുടെ സംരക്ഷണം

2022 മാർച്ച് 26 ശനിയാഴ്ച രാവിലെ 9.30 മുതൽ 5.30 വരെ

യുവക്ഷേത്ര ഇൻസ്റ്റിറ്റുറ്റ് ഓഫ് മാണജ്മെന്റ് സ്റ്റഡിസ് ഓഡിറ്റോറിയത്തിൽ വെച്ച്

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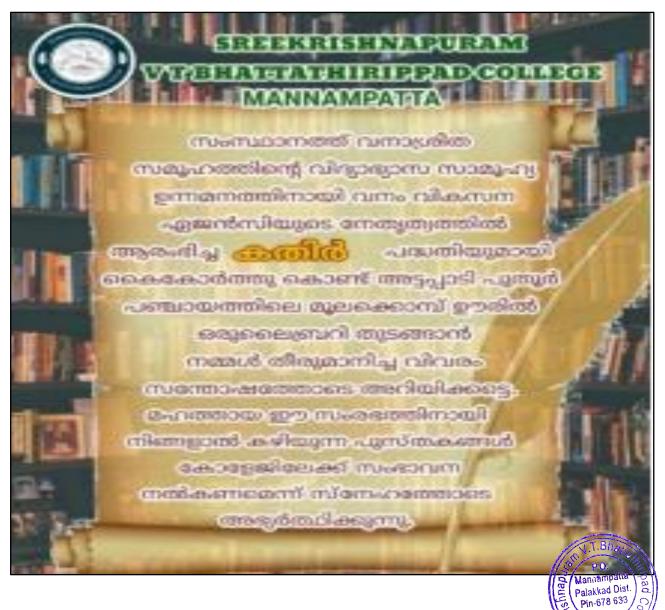
#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Gothrayan – Kathir Project-Donating Book for Starting a Library in Mulakkombu Ooru, Attappadi

PRC	PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	'Kathir' Project-Donating Book for Starting A Library In MulakkombuOoru,Attappadi  –	
Nature of the Event	Extension Activity	
Objectives	to donate books to start a library for the tribal habitants living in the area of Mulakkombu Ooru.	
Date and Time	2021-22	
Beneficiaries	The Tribal Habitants Living in The Area of Moolakkombu Ooru	
Venue or Platform	Moolakkombu Ooru	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini. K, Kamal Raj Mohan	
Associating Agency	KATHIR Project Of Forest Development Agency	
Outcome / Benefit of the Programme	Started libraries to provide access to books and reading materials, which can significantly enhance literacy rates among children and adults in tribal communities.	



The Kathir Project, an extension activity of the National Service Scheme, successfully established a library in Mulakkombu Ooru, Attappadi, for the benefit of the tribal habitants living in the area. The program aimed to donate books and provide access to reading materials, thereby enhancing literacy rates among children and adults in the tribal community. Through the efforts of coordinators Mini. K and Kamal Raj Mohan, and in association with the KATHIR Project of Forest Development Agency, the program achieved its objective of setting up a library in the region.

The establishment of the library has made a significant impact on the lives of the tribal habitants in Mulakkombu Ooru, providing them with access to educational resources and empowering them through education. The program's outcome is expected to have a long-term positive effect on the community, improving literacy rates and opening up new opportunities for the beneficiaries. The success of the Kathir Project serves as a model for similar initiatives in other regions, promoting education and community development among tribal communities





#### "ഭരണഭാഷ മാതുഭാഷ"

ഡിവിഷണൽ ഫോറസ്റ്റ് ഓഫീസ്, ആരണ്യകം- മണ്ണാർക്കാട് ഫോൺ & ഫാക്സ് നമ്പർ : 04924 222574 Mobile : 9447979066 <u>Email : dfo.mnkd for@kerala.gov.in</u> തിയതി 15/07/2022



B-9435/21

#### അഭിനന്ദനങ്ങൾ

മണ്ണാർക്കാട് ഡിവിഷൻ അഗളി റെയിഞ്ച് മൂലകൊമ്പ് ആദിവാസി ഊരിന്റെ സമഗ്ര വിദ്യാഭ്യാസ ഉന്നമനത്തിനായി ടി ഊരിനെ തെരെഞ്ഞെടുത്ത ശ്രീകൃഷ്ണപുരം വി.ടി.ഭട്ടതിരിപ്പാട് കോളേജിനും എൻ.എസ്.എസ്. യൂണിറ്റുകൾക്കും കേരള വനം വന്യജീവി വകുപ്പിന്റെ അഭിനന്ദനങ്ങൾ അറിയിക്കൂന്നു. കേരളത്തിലെ എല്ലാ ആദിവാസി ഊരുകളിലും ലൈബ്രററി സ്ഥാപിക്കുക എന്ന ലക്ഷ്യം വെച്ച് കേരളത്തിലൂടനീളം ഉന്നത വിദ്യാഭ്യാസ സ്ഥാപനങ്ങളുമായി കൈകോർത്ത് നടത്തുന്ന കതിർ പദ്ധതിയുടെ രണ്ടാം വെട്ടത്തിൽ ഒന്നര ലക്ഷം രൂപ വിലമതിക്കുന്ന ആയിരത്തോളം പുസ്തകങ്ങൾ മൂലകൊമ്പ് ഊരിലെ ലൈബ്രററിക്കായി നൽകിയതിനും ആയതിന് നേതൃത്വം നൽകിയ നാഷണൽ സർവ്വീസ് സ്കീം പ്രോഗ്രാം ഓഫീസർമോർക്കും, വോളങ്ങിയേർസിനും, കോളേജിനും നന്ദിയും അഭിനന്ദനങ്ങളും അറിയിക്കുന്നു.

> ഡിവിഷണൽ ഫോറസ്റ്റ് ഓഫീസർ, മണ്ണാർക്കാട്





#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Snehaputhappu- Dress for Needy

P	PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	Snehaputhappu- Dress for Needy	
Nature of the Event	Extension Activity	
Objectives	<b>Objective:</b> The "Snehaputhappu Dress for Needies" event aims to provide essential clothing to the tribal community of Palamala Colony, addressing their immediate needs and improving their quality of life.	
Date and Time	2021-22 Academic Year	
Duration	2021-22	
Beneficiaries	Tribals of Palamala Colony	
Venue or Platform	Palamala Colony	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadampazhipuram	
Fund details if any	NSS Grant	
Outcome / Benefit of the Programme	The initiative successfully delivered much-needed clothing to the beneficiaries, enhancing their comfort and dignity while fostering a sense of community support and solidarity.	



The "Snehaputhappu Dress for Needies" event, organized by the National Service Scheme and supported by the Kanivu Palliative Care Unit, provided essential clothing to the tribal community of Palamala Colony during the 2021-22 academic year. This initiative significantly improved the beneficiaries' comfort and dignity, while strengthening community bonds and support.

#### Gallery





Pin-678 633



# SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

## Report on Activity Akshara Deepam-Tribute to Sri.SajithBabu,Regional Director, NSS.(Distribution of books to the poor) conducted at H.S Kadampazhipuram and HSS Sreekrishnapuram.

PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	Akshara Deepam-Tribute to Sri.SajithBabu,Regional Director, NSS.(Distribution of books to the poor) conducted at H.S Kadampazhipuram and HSS Sreekrishnapuram.
Nature of the Event	Extension Activity
Objectives	<ul> <li>To distribute educational materials to poor students and support their academic development.</li> <li>To provide high-quality resources to supplement their curriculum, leading to better understanding and retention of concepts.</li> </ul>
Beneficiaries	20 under privileged students from Sreekrishnapuram HSS and Kadampazhipuram, who received LabourIndia educational materials.
Venue or Platform	Sreekrishnapuram HSS
Organizing dept./ Cell	NSS
Coordinator	Mini. K, Kamal Raj Mohan
Associating Agency	NSS District Coordinating Committee
Fund details if any	NSS Grant
Outcome / Benefit of the Programme	The outcome of the program was the successful distribution of educational materials to 20 poor students, supporting their academic development. The benefit of the program was the empowerment of students with high-quality educational resources, leading to improved understanding, retention, and academic achievement.



The National Service Scheme (NSS) unit organized an extension activity, "AKSHARA DEEPAM - Project", in association with the NSS district coordinating committee. The program aimed to distribute educational materials to poor students as a tribute to Sri Sajith Babu sir.

The event was held at Sreekrishnapuram HSS and benefited 20 poor students from Sreekrishnapuram HSS and Kadampazhipuram HSS. The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was supported by the NSS District Coordinating Committee.

The beneficiaries of the program received Labour India educational materials, which will aid in their academic development. The program aimed to provide high-quality educational resources to supplement their curriculum, leading to better understanding and retention of concepts.

The outcome of the program was the distribution of educational materials to 20 poor students, supporting their academic development. The benefit of the program was the provision of high-quality educational resources, aiding in better understanding and retention of concepts, and empowering students to achieve their academic goals.





NATIONAL SERVICE SCHEME NOT ME BUT YOU PURAM V.T. BHATTATH Ernal : Ingeneterint SREEKRISHNAPURAM HIGHER SECONDARY SCHOOL P.O. SREEKRUSHNAPLIRAM - 679613 PALAXXAD (DI ) Date No. 07 - 5022 CENTIFICATE OF ATPRECIATION I kensky separate our small gratitude to his NET UNIT OF UTB COLLEGE , SREEKRISHNIAPLTAM in accognition of these kind gesture of providing one students with the Decorning materials Cheboux India) which has Respect them much in their studies whe value what you have done sand continue to do Thank you. Palakkad Dist. Pin-678 633



## SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity AKSHARA DEEPAM – Project in Association with NSS District Coordinating Committee.

PR	PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	AKSHARA DEEPAM - Project in Association With NSS District Coordinating Committee.	
Nature of the Event	Extension Activity	
Objectives	<ul> <li>To distribute high-quality educational materials to poor students and support their academic development.</li> <li>To provide resources that supplement their curriculum, leading to better understanding and retention of concepts.</li> </ul>	
Date and Time	2021-22 Academic Year	
Duration	10 Months	
Beneficiaries	10 needy students from Kadampazhipuram HSS, who received Labour India educational materials. These students were supported in their academic development, enabling them to achieve their full potential and improve their socio-economic status.	
Venue or Platform	Kadampazhipuram HSS	
Organizing dept./ Cell	Nss	
Coordinator	Mini .K, Kamal Raj Mohan	
Associating Agency	Nss District Coordinating Committee	
Fund details if any	NSS Grant	
Outcome / Benefit of the	Successfully Distributed educational materials to 10 poor students,	
Programme	supporting their academic development. The benefit of the program was the empowerment of students with high-quality educational resources, leading to improved understanding, retention, and academic achievement.	



The National Service Scheme (NSS) unit organized an extension activity, "AKSHARA DEEPAM - Project", in association with the NSS district coordinating committee, during the 2021-22 academic year. The program aimed to distribute Labour India educational materials to 10 poor students as a tribute to Sri Sajith Babu sir.

The event was held at Kadampazhipuram HSS and benefited 10 poor students from the school. The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was supported by the NSS District Coordinating Committee. The program spanned over 10 months, ensuring sustained support to the beneficiaries.

The beneficiaries of the program received high-quality educational materials, which supplemented their curriculum and aided in better understanding and retention of concepts. The program aimed to empower students with resources that would support their academic development and help them achieve their full potential.

The outcome of the program was the successful distribution of educational materials to 10 poor students, supporting their academic development. The benefit of the program was the provision of high-quality educational resources, leading to improved understanding, retention, and academic achievement among the beneficiaries.





**GH SCHOOL KATAMPAZHIPURA** 

HANNARRKAD EDUCATIONAL DISTRICT, PALAKKAD REVENUE DISTRICT, REPALA - 678633, PHONE No. 9495385705

CHE 9714 / 1002-3101MOHIKTH

Dete: 01.03.2022

# CERTIFICATE OF APPRECIATION

I hereby express our sincese gratitude to the NSS Unit of VTB college Statistichemputers in recognition of these kind gesture of providing our students with the tearning materials (Labour Indu) which the tearning materials (Labour Indu) which the helped them much in these studies we what you have done and continue to do.



Tinenking You





# SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

**Report on Activity** 

Ormamaram-Planting Trees (Tribute To Sri.SajithBabu,Regional Director,

NSS)

	Programme Details in a Nutshell	
Name of the Event	Ormamaram-Planting Trees (Tribute To Sri.SajithBabu,Regiona Director, NSS)	
Nature of the Event	Extension Activity	
Objectives	<ul> <li>To pay tribute to the late Regional Director, Sri. Sajith Babu, by engaging in a meaningful activity that promotes environmental conservation and sustainability.</li> <li>To promote environmental awareness and consciousness among NSS volunteers and the community.</li> <li>To contribute to the green cover and beautification of the area through tree plantation.</li> <li>To develop a sense of social responsibility and community engagement among NSS volunteers and participants.</li> <li>To create a lasting legacy in memory of sri. Sajith Babu, which will continue to benefit the environment and the community.</li> </ul>	
Date and Time	2021 – June	
Period of Activity	2021-2022	
Beneficiaries	<ul> <li>Environment and Community, as the planted trees will help to purify the air, provide shade, and support local wildlife.</li> <li>The NSS volunteers and participants also benefited from the event, as they gained hands-on experience in tree planting and environmental conservation, and developed a sense of social responsibility and community engagement.</li> </ul>	
Venue or Platform	Volunteers House	
Organizing dept./ Cell	NSS	
Coordinator	Mini K, Kamal Raj Mohan	
	Maniampatta Palakkad Dist. Pin-678 633	

Outcome / Benefit of	The outcome of the programme was the successful planting of trees, which
theProgramme	will contribute to environmental conservation and sustainability, while
	also serving as a lasting tribute to Sri. Sajith Babu. the benefit of the
	programme is the positive impact on the environment and the community,
	as well as the development of social responsibility and community
	engagement among the NSS volunteers and participants.

The National Service Scheme (NSS) organized an extension activity, "Planting trees - Tribute to Sri. Sajith Babu, Regional Director of NSS, Kerala & Lakshadweep", on 05/06/2021, at the Volunteers' house. The event aimed to pay tribute to the late Regional Director by engaging in a meaningful activity that promotes environmental conservation and sustainability. The event was coordinated by Mini K and Kamal Raj Mohan, with the support of the Nature Club.

The event involved planting trees, which symbolizes the growth and development of the community, just like the contributions of Sri. Sajith Babu to the NSS. The activity was attended by NSS volunteers, who actively participated in planting trees and pledged to take care of them. The event served as a reminder of the importance of environmental conservation and the role of individuals in protecting the planet.

The event was a huge success, with a total of [number] trees planted. The NSS volunteers took ownership of the activity and ensured that the trees were properly planted and cared for. The event also raised awareness about the importance of tree plantation and its benefits for the environment.

The event was a fitting tribute to Sri. Sajith Babu, and the NSS looks forward to organizing more such initiatives that promote environmental conservation and community engagement. The NSS also expresses its gratitude to the Nature Club for their support and collaboration in making the event a success.









### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity FREEDOM RUN (To Kadampazhipuram Town)

PRO	PROGRAMME DETAILS IN A NUTSHELL	
Name Of the Event	FREEDOM RUN (To Kadampazhipuram Town)	
Nature Of the Event	Extension Activity	
Objectives	<ul> <li>To promote physical activity and create awareness about the importance of a healthy lifestyle among the people of Kadambazhipuram panchayath.</li> <li>To bring about behavioral changes and move towards a more physically active lifestyle.</li> </ul>	
Resource Person	Sreekrishnapuram Grama Panchayath President	
Date And Time	29/09/2021	
Duration	1 Day	
Beneficiaries	People of Kadambazhipuram panchayath, who were educated and motivated to adopt a healthy lifestyle.	
Venue Or Platform	Kadambazhipuram Panchayath	
Organizing Dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Nehru Yuva Kendra Palakkad	
Outcome / Benefit of The Programme	The outcome of the program was increased awareness and adoption of physical activity among the participants and the community. The benefit of the program was the promotion of healthy lifestyle habits, community engagement, and empowerment of individuals to take control of their health and wellbeing.	



The National Service Scheme (NSS) unit organized an extension activity, "FREEDOM RUN (to Kadampazhipuram Town)", on 29/09/2021. The program aimed to bring about behavioral changes and move towards a more physically active lifestyle among the people of Kadambazhipuram Panchayath.

The event was led by NSS Coordinators Mini K and Kamal Raj Mohan, in association with Nehru Yuva Kendra Palakkad and Sreekrishnapuram Grama Panchayath president. The Freedom Run started from the college and ended at Kadambazhipuram Town, covering a significant distance and engaging a large number of participants.

The program was successful in creating a positive attitude among the people towards health and exercise. The event promoted physical activity, community engagement, and awareness about the importance of a healthy lifestyle.

The outcome of the program was increased awareness and adoption of physical activity among the participants and the community. The benefit of the program was the promotion of healthy lifestyle habits, community engagement, and empowerment of individuals to take control of their health and wellbeing.

#### Gallery



Pin-678 633



### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Awareness on Life Style Diseases

PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	Awareness on Life Style Diseases
Nature of the Event	Extension Activity
Objectives	To Encourage the Organic Agricultural Methods
Date and Time	07/04/22
Period of Activity	2021-2022
Beneficiaries	General Public
Venue or Platform	Kolliyani Sree Durga Auditorium, Vayillamkunnu.
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini K, Kamal Raj Mohan
Outcome / Benefit of theProgramme	The participants were educated about the increasing risk of lifestyle diseases and ways to prevent them.



The National Service Scheme (NSS) organized an extension activity, "Awareness Class on Lifestyle Diseases", on 07/04/22 at Kolliyani Sree Durga Auditorium, Vayillamkunnu. The event aimed to educate the public about the prevention and management of lifestyle diseases, such as diabetes, hypertension, and cardiovascular diseases. The program was conducted in association with the Government Hospital, Kadampazhippuram, and featured expert sessions by medical professionals.

The awareness class covered topics such as the causes, symptoms, and prevention of lifestyle diseases, as well as the importance of healthy habits, including a balanced diet, regular exercise, and stress management. The event also included interactive sessions, where participants could ask questions and clarify doubts. The program was attended by [number] participants, including NSS volunteers, students, and local community members.

The event was highly successful, with participants expressing gratitude for the valuable information and insights gained. The program helped to dispel myths and misconceptions about lifestyle diseases and promoted a better understanding of the importance of healthy living. The NSS and Government Hospital, Kadampazhippuram, look forward to organizing more such initiatives to promote health awareness and community service.

The "Awareness Class on Lifestyle Diseases" program achieved its objective of educating the public about lifestyle diseases and promoting healthy habits. The program's success was evident in the positive feedback from participants and the increased awareness about the importance of preventive measures in managing lifestyle diseases. The NSS is committed to continuing its efforts in promoting health awareness and community service.







#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity ARANYAKAM -1: FOOD FOREST

P	PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	ARANYAKAM -1: FOOD FOREST	
Nature of the Event	Extension Activity	
Objectives	<ul> <li>To create an environment that preserves bio-diversity, promotes sustainable living, and conserves natural resources, while also educating and involving the community in these efforts.</li> <li>To protect indigenous tree and seed varieties, promote organic agricultural methods, and ensure the availability of sustainable food products for all living beings.</li> </ul>	
Resource person	JAIVORG KARSHAKA KOOTTAYMA	
Date and Time	2020-21 Academic Year	
Duration	2021-2022	
Beneficiaries	<ul> <li>The local community, who will have access to sustainable food products and clean water sources, as well as the environment, which will benefit from the preservation of bio-diversity and natural resources.</li> <li>NSS volunteers involved in the program will also benefit from the experience by gaining knowledge and skills in sustainable living and nature conservation.</li> </ul>	
Venue or Platform	PuliyakkattuTheruvu	
Organizing dept,/ Cell	National Service Scheme	
Coordinator	Mini k, Kamal Raj Mohan	
Associating Agency	Kerala State Biodiversity Board and Sreekrishnapuram Grama Panchayath	
Outcome / Benefit of the Programme	<ul> <li>Accentuated efforts to build a sustainable and self-sufficient ecosystem that promotes biodiversity, conserves natural resources, and provides sustainable food products for the community.</li> <li>Encourages a healthier environment, a more sustainable food system, and a community that is educated and actively involved in nature conservation efforts.</li> </ul>	

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Food Forest, a project in collaboration with Kerala State Bio-diversity Board and Sreekrishnapuram Grama Panchayath, was officially inaugurated in our college on October 18, 2021 by Ottappalam MLA Adv. K. Premkumar. It was initiated with the technical support of Organic Farmers' Organization, JAIVORG, which is lead by the Plant Genome Saviour Award Winner, Sri. Reji Joseph. It is the first such project initiated by Kerala State Bio-diversity Board in an educational institution in Kerala. The Project was initially funded by contributing ₹5,00,000/- and ₹1,50,000 by Kerala State Bio-diversity Board and Sreekrishnapuram Grama Panchayath respectively. The remaining fund was contributed by Management and Sponsorship arranged through NSS and Nature Club Volunteers.

#### CONCEPT OF FOOD FOREST

With a view to connect the people with nature and presenting a natural way for balancing the echo-system, a new concept named FOOD FOREST which is conceived by the Organic Farmers' Organization, JAIVORG, which is lead by the Plant Genome Saviour Award Winner, Sri. Reji Joseph at Sreekrishnapuram. The slogan of this Food Forest is One Solution for Seven Mission. Seven missions are 1. Bio-diversity conservation 2. Food security 3. Ecosystem restoration 4. Reconnecting human and nature 5. Water preservation 6. Ecological balance and 7. Soil Enrichment.

The Concept of Food Forest is a farming system that integrates the views of great Organic farmers Narendra Dabholkar, Subhash Palekar, Masanobu Fukuoka who brought new ideas in the field of agriculture into Permaculture Approach. In order to ensure the Canopy Management, one sapling is plated in every 10 feet distance so that the canopy of one plant will not disturb the canopy of another one that makes this concept a Forest.

This project is a forest that gives food at all times which is a combination of pragmatic aspects of traditional and modern agricultural methods that is a golden opportunity for the students to learn and research on the topic of innovative agriculture. This is the main vision and mission of starting such a project in the college. It is essential to retake the lost culture and precious food trees back to our life. We are in deep belief that we can protect the bio diversity through the continuous maintenance of our Food Forest.

The two highlights of this project are Live Mulching and Live Shading.

**Live Mulching:** In agriculture, living **mulch** is a cover crop interplanted or under sown with a main crop, and intended to serve the purposes of a mulch, such as weed suppression and regulation of soil temperature. Living mulches grow for a long time with the main crops, whereas cover crops are incorporated into the soil or killed with herbicides.

Other benefits of mulches are slowing the growth of weeds, and protecting soil from water and wind erosion. Some living mulches were found to increase populations of the natural enemies of crop pests. Legumes used as living mulches also provide nitrogen fixation, reducing the need for fertilizer.



#### Gallery

പി.എം.പ്രേംജിത്ത്

( നീകൃഷ്ണപുടം വിടിംബി കേരള

്രോ ജിലാരു കന്യാനാർ വലനു ഭാഗത്ത് ഒരുക്കർ 20 സെർ സ്ഥലത്ത് ഒരു പഞ്ഞോട്ടം കാണാം വിദ്യാർഥികളാ ണു പരിപാണം ചെരിപ്പിടാണെ മുതം

ണു പരവാദനം ചൊപ്പെടാണ് മുതം തോട്ടങ്ങിൽ കാസ്. ഇലേകൾ നലോട്ടം, പരിപരിക്കും നാട്ടിൽ നിന്ന് അനുമാകു ന്ന ഫല വൃക്ഷങ്ങളെ പുതിയ തലമുറ യ്ക്കു പരിപയപ്പെടുത്തുന്നതിനൊപ്പം പു തിയൊട്ടെ പാർഷിക സംസ്കാരം കൂടി വെള്ളവും വളവും നൽകി വളർത്തുന്നു പോർ

വെട്ടുണ്ണും വളവും വാതരം വളംശവും... കേരള ജൈവ വൈവിധ്യ ബോർഡി ന്റെയും ശ്രീകൃഷ്ണപുരം പഞ്ചായത്തി ന്റെയും മൈവ കർഷം കുട്ടായത്താ ഞെവോർഗിന്റെയും സഹായത്തോടെ കോള്ലിലെ എൻഎസ്എസിന്റെയും

വിദേശ വിളകളും തോട്ടത്തിലുണ്ട്. പതി നെട്ടോളം ഇനം ഓഷധ സസ്യങ്ങളും



MAN TO A കണ്ടുപഠിക്കാനൊരു പഴത്തോ 245:10 Ons

ത്തിനു ചുറ്റും വിതച്ചാണു ജൈവ പുത ഒരുംരുന്നത്. ച്ചാൻ ജീനോ സേവിയർ ആവാർഡ്

പ്പാൻ ജനോ സേവാത അവാരഡ ജനോവായ നല് ജോസംർ. എസ്.പി സൂ വ്യ പ്രകാശ് എന്നിവരാണു മാർഗ നിർദേ ശം നൽക്വന്നത്. കോളജിലെ എൻഎ സ്എസ് പ്രോഗ്രം ഓഫിസറ്റം, നേപ്പർ ക്ലബ് കോ ഓർഡിനേറ്ററുമായ കെ.മിനി യുടെ നേതുത്വത്തിൽ ഇരുനുറോളം വെ ഉദ്ദീയർമാരാണ; നോട്ടത്തിന്റെ പരിപര ണം നിർവഹിക്കുന്നത്. പഴക്കാട് നിർമാണത്തിനായി 5 ലക്ഷം

പ്രം ജൈവ വൈവിധ്യ ബോർഡ്യം ഒന്നാ ലക്ഷം രൂപ ശ്രീകൃഷ്ണപുരം പഞ്ഞായ ആം നൽകി.

ആം നരികി. പക്കൊട് നിർമാണത്തിനായി തെഴവ വൈവിധ്യ ബോർഡിന്റെ സഹായം ലഭിച്ച സംസ്ഥാനത്തെ ആദ്യത്തെ വിദ്യാരുന്ന സ്ഥാപനനാണ് വി.ടി.ബി.കോള്ജ്. ആ,സ്വംശേശ് ജൈവ വൈവിധ്യ ബോര് ഡ് മാ.ബർ സെപ്രംപ്രനിയും ചിഫ് കൺ സർവേറ്റവായ ഡോ. നല്ലിനി മോഹന്റെ സ്മോണത്തിലുള്ള സംവം കഴിഞ്ഞ ദിവ സം പഞ്ഞോട്ടം സന്ദർശിച്ചിരുന്നു. ഗ്രീക്യഷ്ണപ്പോം ഹയർസെക്കൻഡനി സ്മൂളിൽ 70 സെന്റെ സമോടം പ

തോളം ഇനങ്ങളുള്ള പഴക്കാടും ജൈവോർഗിന്റെ മാർഗനിർദേശത്തിൽ പരിപാലിക്കുന്നുണ്ട്.

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ശ്രീകുഷ്ണപുടെ വിടി.ബി കോളജിലെ പ്രത്യോട്ടാനിൽ എൻഎസ്എസ്, നേപ്പർ എബ് വെളന്റിയർമാട്ടം അധ്യാപകരും, ഞ്ഞെമ്പാർഗ് ഞ്ഞെവ കർഷക കുട്ടാത്ര പ്രതിനിധിക ഇം തൈകൾ പരിപാലിക്കുന്നു

ല്ല അത്താന് പ്രത്യാന് പ്രത്യാന് കാർഷികരംഗത്തു പുത്തർ ആശയ അൾ കൊണ്ടുറിന്ന നരേത്ര ദബാൽ ഒൻ, സുഖാംഷ് പലേഷൻ, സെന്നോബു ഹുമ്യാവാക്ക എന്നിവരുടെ കാഴ്ചപ്പാടു കൾ സന്ത്വലിത കുഷി മാതുകയിൽ സമ

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സസിപ്പിച്ചുള്ള കൃഷിരിതിയാണ് ഇനിടെ യുള്ളത്. എഴു ഘട്ടങ്ങളായാണു പദക്കാ ടുകളുടെ നിർഗാനം. ജൈന പുതയാണു ഗ്രധാന വ്യക്ഷേയിന് ഒരുക്കുന്നത്. പെനു പാൽ, പാൽ, മല്ലി, എള്ള്, വഴുതന തുട ഞി മുപ്പതോളം ഇനങ്ങൾ ഗ്രധാന വ്യക്ഷ







കെ.എസ്.സി.എസ്.ടി.ഇ – കേരള വന ഗവേഷണ സ്ഥാപനം (രാസ്ത്ര സാന്തേതിക പരിസ്ഥിതി കൗൺസിലിന്റെ ഒരു സ്ഥാപനം)

പീച്ചി – ടൈ ടോ, തൃശ്ശൂർ, കേരള, ഇന്ത്യ

31.07.2023

The Principal VTB College Srikrishnapuram Palakkad

#### Sir,

Subject: Request for Permission to Visit – Regarding Dear Sir,

Greetings from KSCSTE-Kerala Forest Research Institute, Peechi

I am writing to seek your permission for a visit to your esteemed organization as part of the upcoming one-week mandatory training course organized by the Kerala Forest Research Institute (KFRI). This training course, funded by the Ministry of Environment, Forest and Climate Change (MoEF & CC), Govt of India, aims to equip officers of the Indian Forest Service with techniques for combating land degradation and promoting agroforestry.

The training will be held at Peechi from August 7th to 11th, 2023. As an integral component of this program, we would greatly appreciate the opportunity to arrange a field visit to your college. Specifically, we are interested in visiting the agroforestry model area. It would be highly beneficial if you could kindly assign an officer to guide and explain the activities during our visit, which is scheduled for Thursday, August 10<sup>th</sup> (FN), 2023. A tentative list of participants is attached here for your information.

We believe that your organization's expertise and experience in this field make it an ideal destination for our visit. We sincerely hope that you will grant us permission to visit your college and kindly accommodate our request. Your support and cooperation will contribute significantly to the success of our training program. Thank you for considering our request. We eagerly await your positive response.

Yours Sincerely, Thanking you,

Dr. Syam Viswanath Director KFRI

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#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity SOUMYAM- PALLIATIVE WORKS (To Help a Person Diagnosed with Dialysis)

	PROGRAMME DETAILS IN A NUTSHELL
Name of the Event	SOUMYAM- PALLIATIVE WORKS (To Help a Person Diagnosed with Dialysis)
Nature of the Event	Extension Activity
Objectives	To provide comprehensive and compassionate care to individuals diagnosed with dialysis, aiming to alleviate their physical, emotional, and psychological suffering, improve their quality of life, and support them and their families throughout their journey.
Resource person	Dr. Abbas K.P, Government Hospital Kadampazhipuram
Date and Time	2021-22
Duration	2021-22
Beneficiaries	Individual undergoing dialysis and their families, who receive comprehensive and compassionate care, including physical, emotional, and psychological support, to improve their quality of life and alleviate suffering.
Venue or Platform	Soumya's House
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini K, Kamal Raj Mohan
Associating Agency	Under SPARSHAM
Fund details if any	Kaniv Palliative Care Unit Govt Hospital Kadampazhipuram
Outcome / Benefit of the Programme	Provided holistic care and support to individuals with dialysis, improving their quality of life, reducing pain and suffering, and enabling them to live with dignity and comfort, while also supporting their families and caregivers.

Palakkad Dist. Pin-678 633

The National Service Scheme (NSS) organized Soumyam - Palliative Works, an extension activity aimed at providing comprehensive and compassionate care to individuals diagnosed with dialysis. The program's objective was to alleviate physical, emotional, and psychological suffering, improve quality of life, and support patients and their families throughout their journey.

The program was held at Soumya's house, with Dr. Abbas K.P. from Government Hospital Kadampazhipuram serving as the resource person. The program benefited individuals diagnosed with dialysis and their families, who received holistic care and support to improve their quality of life and alleviate suffering.

The program was coordinated by Mini K and Kamal Raj Mohan, with support from the National Service Scheme department and associating agency SPARSHAM. The program was funded by Kaniv Palliative Care Unit,Govt Hospital Kadampazhipuram

The outcome of the program was that it provided holistic care and support to individuals with dialysis, improving their quality of life, reducing pain and suffering, and enabling them to live with dignity and comfort. The program also supported families and caregivers, demonstrating the importance of palliative care in improving the well-being of individuals with life-limiting illnesses. The program achieved its objectives and made a positive impact on the participants and their families, highlighting the need for continued support and care for individuals with dialysis







# SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

**Report on Activity** 

Election Awareness Program to New Voters of Kadampazhipuram

Panchayath

PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	Election Awareness Program to New Voters of Kadampazhipuram Panchayath
Nature of the Event	Extension Activity
Objectives	<ul> <li>To register new voters in the voter list and create awareness about the importance of voting.</li> <li>To empower citizens through voter registration and promote democratic values and civic engagement.</li> </ul>
Date and Time	06/03/2021
Duration	1 Day
Beneficiaries	Unregistered voters in the Kadampazhipuram panchayath area, who were assisted in registering their names in the voter list.
Venue or Platform	Mannampatta
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini. K, Kamal Raj Mohan
Associating Agency	Sveep Palakkad
Outcome / Benefit of the Programme	<ul> <li>Successful registration of new voters in the Kadampazhipuram Panchayath area, and the creation of awareness about the importance of voting.</li> <li>The empowerment of citizens through voter registration, and the promotion of democratic values and civic engagement, ultimately strengthening the democratic process.</li> </ul>



The National Service Scheme (NSS) unit of Sreekrishnapuram VT Bhattathiripad College organized an extension activity called "Registering New Voters of Kadampazhipuram Panchayath" on 06/03/2021. The program aimed to register new voters in the voter list and create awareness about the importance of voting. The program was led by Program Officers K Mini and Kamal Raj Mohan, who provided training to volunteers on the registration process.

The training session was attended by volunteers from the college, who were then assigned to assist in registering new voters in the Kadampazhipuram Panchayath area. With the help of mobile phones, the volunteers contacted new voters in their homes and assisted them in registering their names in the voter list.

The program was a huge success, with many new voters registering their names in the voter list. The program also created awareness about the importance of voting and the role of citizens in the democratic process. The volunteers gained valuable experience and knowledge about the voter registration process and the importance of civic engagement.

The outcome of the program was the successful registration of new voters in the Kadampazhipuram Panchayath area, and the creation of awareness about the importance of voting. The benefit of the program was the empowerment of citizens through voter registration, and the promotion of democratic values and civic engagement.







#### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Health Survey at Kadampazhipuram, Ward 2

**PROGRAMME DETAILS IN A NUTSHELL** Name Of The Event Health Survey at Kadampazhipuram, Ward 2 Nature Of the Event Extension Activity Objectives To provide awareness about the importance of getting the polio • vaccine and to educate the public on the benefits of immunization against polio. To increase the awareness level of the public regarding polio vaccination and its role in preventing the disease. Date And Time 2021 – October Period Of Activity 2021-2022 General public, particularly those residing in Kadampazhipuram, Beneficiaries ward 2, who received awareness about the importance of polio vaccination. Venue Or Platform Kadampazhipuram, Ward 2 NSS **Organizing Dept./ Cell** Coordinator Mini K, Kamal Raj Mohan Govt. Hospital Kadampazhipuram Associating Agency **Outcome / Benefit** Increased awareness among the general public regarding the OfTheprogramme importance of polio vaccination, leading to a higher likelihood of vaccination and prevention of polio.



The National Service Scheme (NSS) organized an extension activity, "Health Survey to the Importance of Polio Immunity Vaccine", on 29/01/2022 at Kadampazhipuram, Ward 2. The objective of the program was to provide awareness about the importance of getting the polio vaccine to the general public. The resource person from the Govt Hospital, Kadampazhippuram, delivered a talk on the benefits of polio vaccination.

The program aimed to educate the public on the importance of immunization against polio and its role in preventing the disease. The NSS volunteers conducted a health survey to assess the awareness level of the public regarding polio vaccination. The program also provided an opportunity for the public to clarify their doubts and concerns regarding polio vaccination.

The program was a huge success, with a significant number of participants from the general public. The feedback received from the participants was positive, with many expressing their gratitude for the awareness program. The program helped to increase the awareness level of the public regarding polio vaccination, and many participants expressed their willingness to get vaccinated.

The outcome of the program was the successful creation of awareness among the general public regarding the importance of polio vaccination. The benefit of the program was the increased awareness level of the public, leading to a higher likelihood of vaccination and prevention of polio. The program was organized in association with the Govt Hospital, Kadampazhippuram, and was funded by the NSS unit.

#### WORLD POLIO DAY 2022 - 24/10/2021 (SURVEY)









### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Health Awareness Program-Walking Competition

PROGRAMME DETAILS IN A NUTSHELL	
Name of the Event	Health Awareness Program-Walking Competition
Nature of the Event	Extension Activity
Objectives	<ul> <li>To promote healthy living and wellness among the youth, and to create awareness about lifestyle diseases.</li> <li>To encourage physical activity and disease prevention among the youth.</li> </ul>
Resource person	VINOD AK, Junior Health Inspector, Primary Health Centre, Sreekrishnapuram
Date and Time	24/09/2019
Duration	1 day
Beneficiaries	<ul> <li>Participants of the walking competition who learned about the importance of healthy living and wellness.</li> <li>The local community, who were enlightened of the importance of physical activity and disease prevention.</li> </ul>
Venue or Platform	Mannampatta
Organizing dept/Cell	National Service Scheme
Coordinator	Mini. k, Kamal Raj Mohan
Associating Agency	Sreekrishnapuram GramaPanchath&Primary Health Centre, Sreekrishnapuram
Outcome / Benefit of the Programme	The successful promotion of healthy living and wellness among the youth, and the creation of awareness about lifestyle diseases.



The National Service Scheme (NSS) unit of Sreekrishnapuram VT Bhattathiripad College organized a Health Awareness Program-Walking Competition at Mannampatta on 24/09/2019. The objective of the program was to promote healthy living and wellness among the youth, and to create awareness about lifestyle diseases. The program was led by Vinod AK, Junior Health Inspector, Primary Health Centre, Sreekrishnapuram.

The walking competition was a huge success, with Sudheesh S, an NSS volunteer from the college, emerging as the winner. The competition showcased the enthusiasm and commitment of the youth towards promoting healthy living and wellness. The program also highlighted the importance of physical activity in preventing lifestyle diseases.

The program was organized in association with Sreekrishnapuram Grama Panchayat and Primary Health Centre, Sreekrishnapuram. The event was coordinated by Mini K and Kamal Raj Mohan, and was attended by a large number of participants. The program was a great success, and helped to promote health awareness and wellness among the youth.

The outcome of the program was the promotion of healthy living and wellness among the youth, and the creation of awareness about lifestyle diseases. The benefit of the program was the encouragement of physical activity and disease prevention among the youth, which will have a positive impact on their overall health and wellbeing.





### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity

VAMSHA -1 (URAVINORU KAVAL) Planting of 1000 Bamboo Saplings

Name of the Event	VAMSHA -1 (URAVINORU KAVAL) Planting of 1000 Bamboo
	Saplings
Nature of the Event	Extension Activity
Objectives	To save the banks of Karimpuzha River and the people of
	Karimpuzha Puliyakkattu Theruvu from flood
Resource person	Ottapalam MLA Adv. K. Premkumar, Dr. G. Harikrishnan Nair &
	Kum. Nina Febin
Date and Time	2020-21 Academic Year
Duration	2021-2022
Beneficiaries	The Households Included in the Area of 1.5 kms of Karimpuzha
	Puliyakkattu Theruvu
Venue or Platform	Puliyakkattu Theruvu
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini k, Kamal Raj Mohan
Associating Agency	Social Forestry Division Palakkad
Fund details if any	NSS Grant
Outcome / Benefit of the	The planting of the saplings would mitigate the effects of flood
Programme	

#### PROGRAMME DETAILS IN A NUTSHELL



The VAMSHA-2 (URAVINORU KAVAL) extension activity, organized by the National Service Scheme, aimed to build on the success of Vamsha-1 by planting a large number of bamboo saplings in the Kotharmana forest, Trithala. The program, conducted in collaboration with the Kerala Forest Department, sought to enhance environmental sustainability, support biodiversity, and create a positive impact on the ecosystem and local communities. On August 7, 2021, Kerala Forest Department officers led the effort, which benefited local communities, farmers, and landowners by providing access to a sustainable source of income and improved livelihoods.

The VAMSHA-2 project achieved its objective of establishing a vast and thriving bamboo ecosystem, which will provide sustainable resources, support ecological balance, and generate economic benefits for local communities. Additionally, the project contributes to climate change mitigation and environmental conservation. With no external funding, the program's success is a testament to the collaborative efforts of the National Service Scheme, Kerala Forest Department, and local communities. The project's outcome will have a lasting impact on the environment and local communities, making it a model for future sustainability initiatives.











### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity VAMSHA -2(URAVINORU KAVAL)

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	VAMSHA -2(URAVINORU KAVAL)	
Nature of the Event	Extension Activity	
Objectives	To repeat the success of Vamsha-1 by planting an additional large number of bamboo saplings, for enhancing environmental sustainability, supporting biodiversity, and creating a positive impact on the ecosystem and local communities.	
Resource person	Kerala Forest Department Officers	
Date and Time	07/08/2021	
Duration	2021-22	
Beneficiaries	Local communities, farmers, and landowners who will gain access to a sustainable source of income, improved livelihoods, and environmental benefits through the cultivation and conservation of bamboo forests.	
Venue or Platform	Kotharmana forest Trithala	
Organizing dept,/ Cell	National Service Scheme	
Coordinator	Mini k, Kamal Raj Mohan	
Associating Agency	Kerala Forest Department	
Fund details if any	Nil	
Outcome / Benefit of the Programme	The establishment of a vast and thriving bamboo ecosystem, providing sustainable resources, supporting ecological balance, and generating economic benefits for local communities, while also contributing to climate change mitigation and environmental conservation.	

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The VAMSHA-2 (URAVINORU KAVAL) event was an extension activity organized by the National Service Scheme, with the objective of expanding on the success of Vamsha-1 by planting a large number of additional bamboo saplings. The project aimed to further enhance environmental sustainability, support biodiversity, and create a positive impact on the ecosystem and local communities. Kerala Forest Department officers served as resource persons for the event.

The project was held at Kotharmana forest, Trithala, on 07/08/2021, and continued till 2022. The beneficiaries of the project include local communities, farmers, and landowners who will gain access to a sustainable source of income, improved livelihoods, and environmental benefits through the cultivation and conservation of bamboo forests. The organizers, Mini K and Kamal Raj Mohan, worked in association with the Kerala Forest Department to ensure the success of the project.

The VAMSHA-2 (URAVINORU KAVAL) project was a significant step towards environmental conservation and sustainability. Bamboo forests play a crucial role in maintaining ecological balance, and the project helped to expand these forests. The project also supported local biodiversity, provided sustainable resources, and contributed to a healthier environment.

The outcome of the project was the establishment of a vast and thriving bamboo ecosystem, providing sustainable resources, supporting ecological balance, and generating economic benefits for local communities, while also contributing to climate change mitigation and environmental conservation. This project demonstrates the power of community-driven initiatives in promoting environmental sustainability. With no external funding, the event relied on the collective efforts of the organizers, resource persons, and volunteers to achieve its goals. The success of VAMSHA-2 (URAVINORU KAVAL) serves as a model for future initiatives, highlighting the potential for community-driven programs to create lasting impact and promote environmental stewardship











## SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity

Donation of Books to Sharukovi lPothujanaVayanasaala

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Donated Book to SharukovilPothujanaVayanasaala	
Nature of the Event	Extension Activity	
Objectives	<ul> <li>To promote literacy and education in the adopted village by establishing a library and providing access to books.</li> <li>To foster community development and social responsibility among nss volunteers.</li> </ul>	
Date and Time	19/06/2021	
Duration	2021-2022	
Beneficiaries	The residents of Kadambazhipuram Ward 2, who gained access to a new library and educational resources.	
Venue or Platform	Kadampazhipuram, Ward 2	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Fund details if any	NSS Grant	
Outcome / Benefit of theProgramme	The program resulted in the establishment of a new library in the adopted village, providing a valuable resource for the community. the initiative promoted literacy, education, and community development, ultimately benefiting the local residents and contributing to the volunteers' personal growth.	



The National Service Scheme (NSS) unit of Sreekrishnapuram VT Bhattathiripad College collected and donated 61 books to the KadambazhipuramSharukovil Public Library on June 19, 2021. This initiative was part of the NSS's adoption of Kadambazhipuram Ward 2 as their datthugrama (adopted village).

The donated books marked the beginning of a new library in the adopted village, aiming to promote literacy and education among the local community. The NSS volunteers, led by Program Officer Mini K, worked tirelessly to collect and categorize the books for the library.

The book donation ceremony was attended by prominent figures, including Dr. E. Jayan, the college principal, who handed over the books to library representatives S.K. Muraleedharan and ward member Thankam. NSS volunteers Sujith Pallavi and M.A. Kamalraj Mohan also participated in the event.

This initiative demonstrates the NSS unit's commitment to community development and education. By establishing a library in the adopted village, the NSS volunteers aim to create a hub for knowledge sharing and learning, ultimately enriching the lives of the local residents.







# കടമ്പഴിഷുറത്ത്

വായനദിനത്തോടനുബന്ധിച്ച് വി.ടി.ബി. കോളേജ് എൻ.എസ്.എസ്. വൊളൻറിയേഴ്സ് ദത്തുഗ്രാമത്തിൽ പുതുതായി തുടങ്ങുന്ന 'ഷാ രുകോവിൽ പൊതുജന വായനശാല' യിലേക്ക് പുസ്തകങ്ങരം നൽകി. ചടങ്ങിൽ പ്രിൻസിപ്പൽ ഡോ. ഇ. ജയൻ, എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർ കെ. മിനി, തുടങ്ങിയവർ പങ്കെടുത്തു./





# SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Empowering Digital Education

PROGRAMME DETAILS IN A NUTSHELL		
Name of the Event	Empowering Digital Education	
Objectives	To leverage technology to enhance the learning experience, increase access to quality education, and bridge the knowledge gap.	
Date and Time	23.11.2021	
Venue or Platform	VTB College Sreekrishnapuram	
Organizing dept./ Cell	National Service Scheme&The Staff Club	
Coordinator	Mini K, Kamal Raj Mohan	
Outcome / Benefit of theProgramme	The programme helped to create a more inclusive, effective, and engaging learning environment, ultimately leading to a more educated,	
	skilled, and successful society.	



Amidst the COVID-19 pandemic, Staff Club at Sreekrishnapuram V T Bhattathiripad College launched a commendable initiative to donate digital devices, particularly mobile phones, to students from disadvantaged backgrounds. These devices enable seamless online learning, ensuring equitable access to education regardless of economic disparities. By prioritizing merit, the program empowers deserving students to excel academically despite challenging circumstances. This altruistic gesture not only facilitates remote learning but also underscores the college's commitment to inclusivity and educational equity. Through such initiatives, the Staff Club champions the cause of education, fostering resilience and opportunity in the face of adversity.







### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD Report on Activity Helping Hand to Helen Keller Blind School

PROGRAMME DETAILS IN A NUTSHELL			
Name of the Event	Helping Hand to Helen Keller Blind School		
Objectives	To improve the material conditions of the school.		
Date and Time	3.01.2022		
Venue or Platform	Helen Keller Blind School,Thottara		
Organizing dept./ Cell	National Service Scheme & Staff Club		
Coordinator	Mini K, Kamal Raj Mohan		
Outcome / Benefit of theProgramme	The school utilised the money to develop the amenities in the school.		



The Staff Club of Sreekrishnapuram V T Bhattathiripad College extended a philanthropic hand, donating Rs. 15,000 to the Helen Keller School, Thottara exclusively serving blind students. This generous contribution aims to enhance the school environment and educational experiences of visually impaired learners. Funds could support accessibility improvements, procure educational resources like Braille materials, or facilitate tailored extracurricular activities. The donation underscores a commitment to inclusivity and empowerment, ensuring blind students receive equitable opportunities for growth and learning.





# List of Participants

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